DECIDE model for shared decision making

Define decision	We are making a decision with you about X. *Is this a good time to do that? Should anyone else be involved?*
Explain situation	Can we start by talking about your health problems and situation? *Can you tell me what you know already?* *Do you have any thoughts, questions, or worries I can help with?*
Consider options	Let's talk about available options, and the likely benefits, risks or harms. *We need to work out what option is the best one for you.* *Each of them has pros and cons.* *You might choose to wait and see what happens.*
Invite views	I would like to hear about what matters to you (your relative) in this situation. *That is important in helping us make good decisions together.*
Decide together	Given what we can do and what you said matters, let's find the right option for you. *What do you think the best option might be?* *What do you think (person's name) would say, if we could ask them?* *Would it help if I suggest a way forward, and explain what might happen?*
Evaluate decision	You think the best option is Y, because… Is that right? *Are you clear about what that means for you?* *Do you want to think about it, and we can talk again later?*